

Subject	Title	Author	Media
Aging	A Practical Guide to Independent Living for Older People	Phillips, Alice H. and Roman, Caryl K.	Book
Aging	Another Country: Navigating the Emotional Terrain of our Elders	Pipher, Mary	Book
Aging	Are Your Parents Driving You Crazy? How To Resolve the Most Common Dilemmas with Aging Parents	Ilardo, Joseph A. and Rothman, Carole R.	Book
Aging	CareWise for Older Adults: Self-Care for Lifelong Health		Book
Aging	Changing Places: A Journey With My Parents into Their Old Age	Kramer, Judy	Book
Aging	Living a Healthy Life with Chronic Conditions: Self-Management of Heart Disease, Arthritis, Stroke, Diabetes. Asthma. Bronchitis. Emphysema and others	Lorig, Holman, Sobel, Laurent, Gonzalez and Minor	Book
Aging	Stay in Charge of Your Life!	AARP	VHS Video
Aging	Stop Aging Now!	Carper, Jean	Book
Aging	The Okinawa Program: How the World's Longest-Lived People Achieve Everlasting Health-And How You Can Too	Willcox, Willcox and Suzuki	Book
Aging	When Aging Parents Can't Live Alone	Rubenson, Ellen F., M.S.W.	Book
Aging/Women	Ourselves, Growing Older	Brown Doress, Paula and Laskin Siegal, Diana and the Midlife and Older Women Book Project	Book
ALS/ Inspirational	Tuesdays With Morrie: An Old Man, A Young Man, and Life's Greatest Lesson	Albom, Mitch	VHS Video
ALS/ Inspirational	Tuesdays With Morrie: An Old Man, A Young Man, and Life's Greatest Lesson	Albom, Mitch	Book
ALS/ Inspirational	Tuesdays With Morrie: An Old Man, A Young Man, and Life's Greatest Lesson	Albom, Mitch	Audio
Alzheimer's Disease	Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier, and More Meaningful Lives	Snowdon Ph.D., David	Book
Alzheimer's Disease	Psychiatric Complications of Dementia	Dementia Education and Training Program	Oversized Pamphlet
Caregiving/ Self Care	Taking Time for Me: How Caregivers Can Effectively Deal with Stress	Karr, Katherine	Book

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Caregiving/Alzheimer's	A Dignified Life: The Best Friends Approach to Alzheimer's Care - A Guide for Family Caregivers	Bell, Virginia MSW and Troxel, David MPH	Book
Caregiving/Alzheimer's	Alzheimer's Disease: A Practical Guide for Families and Other Caregivers	Ronch, Judah L.	Book
Caregiving/Alzheimer's	Alzheimer's Disease: One Question at a Time...One Day at a Time...	TriAD	VHS Video
Caregiving/Alzheimer's	Alzheimer's: A Caregivers Guide and Sourcebook	Gruetzner, Howard	Book
Caregiving/Alzheimer's	Alzheimer's: The Answers You Need	Davies, Helen D. & Jensen, Michael P.	Book
Caregiving/Alzheimer's	Catch a Falling Star: Living with Alzheimer's	Baker Spohr, Betty with Valens Bullard, Jean	Book
Caregiving/Alzheimer's	Courage to Care: A Caregiver's Guide Through Each Stage of Alzheimer's	Parrent, Joanne	Book
Caregiving/Alzheimer's	Failure-Free Activities for the Alzheimer's Patient: A Guidebook for Caregivers	Sheridan, Carmel	Book
Caregiving/Alzheimer's	Gentlecare: Changing the Experience of Alzheimer's Disease in a Positive Way	Jones, Moyra	Book
Caregiving/Alzheimer's	How to Communicate with Someone who has Alzheimer's or related Dementia vol 3	The Homecare Companion Caregiving Video Series	VHS Video
Caregiving/Alzheimer's	I Remember When: Activity Ideas to Help People Reminisce	Thorsheim, Howard and Roberts, Bruce	Book
Caregiving/Alzheimer's	Just for You: For People Diagnosed with Alzheimer Disease	Alzheimer Society, Canada	Pamphlet
Caregiving/Alzheimer's	Keeping Busy: A Handbook of Activities for Persons with Dementia	Dowling, James R.	Book
Caregiving/Alzheimer's	Keeping in Touch with Someone who has Alzheimer's	Crisp, Jane	Book
Caregiving/Alzheimer's	My Mother's Voice	Callahan, Sally	Book
Caregiving/Alzheimer's	The 36-Hour Day: A Family Guide To Caring For Persons With Alzheimer's Disease, Related Dementing Illnesses, And Memory Loss In Later Life	Mace, Nancy L. and Rabins, Peter V.	Book
Caregiving/Alzheimer's	The Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day	Gray-Davidson, Frena	Book

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Caregiving/Alzheimer's	The Best Friends Approach to Alzheimer's Care	Bell, Virginia and Troxel, David	Book
Caregiving/Alzheimer's	The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's-Type Dementia	Feil, Naomi	Book
Caregiving/Alzheimer's	Therapeutic Caregiving: A Practical Guide for Caregivers of Persons with Alzheimer's and Other Dementia-Causing Diseases	Bridges, Barbara J., R.N.	Book
Caregiving/Alzheimer's	There's Still A Person In There: The Complete Guide to Treating and Coping With Alzheimer's	Castleman, Gallagher-Thompson and Naythons	Book
Caregiving/Alzheimer's	Understanding Difficult Behaviors: Some Practical Suggestions for Coping with Alzheimer's Disease and Related Illnesses	Robinson, Spencer, White	Oversized Pamphlet
Caregiving/Alzheimer's	Video Respite Informational Video & Catalog of videos to purchase	Innovative Caregiving Resources	VHS Video
Caregiving/Alzheimer's	Your Name is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's	Knox Shanks, Lela	Book
Caregiving/Cancer	Caregiving: A Step-By-Step Resource for Caring for the Person with Cancer at Home	Houts,Peters & Bucher, Julia A.	Book
Caregiving/Cancer	Pebbling the Walk: Surviving Cancer Caregiving	Reed, Steve	Book
Caregiving/Cerebral Palsy	Cerebral Palsy: A Complete Guide for Caregiving	Miller, Freeman MD & Bachrach, Steven J. MD	Book
Caregiving/Diabetes	Footcare for Diabetics	Haas, Linda	VHS Video
Caregiving/General	but this is my mother! The Plight of Our Elders in American Nursing Homes	Loucks, Cynthia	Book
Caregiving/General	Caregiver's Handbook: A Complete Guide to Home Health Care	Visiting Nurse Associations of America	Book
Caregiving/General	Caregiving Series vol. 8 Personal Care	The Homecare Companion Caregiving Video Series	VHS Video
Caregiving/General	Caregiving: The Spiritual Journey of Love, Loss, and Renewal	Witrogen McLeod, Beth	Book
Caregiving/General	Counting on Kindness: The Dilemmas of Dependency	Lustbader, Wendy	Book
Caregiving/General	Elder Rage or Take My Father...Please!: How to Survive Caring for Aging Parents	Marcell, Jacqueline	Book

Subject	Title	Author	Media
Caregiving/General	Fall Prevention	The Homecare Companion Caregiving Video Series	VHS Video
Caregiving/General	Family Seminars for Caregiving: Participant's Handbook	Beverly Crump and Rhonda Montgomery	Handbook
Caregiving/General	Healing the Generations: How Understanding Your Family Legacy Can Transform Your Life	Grosskopf, Barry, M.D.	Book
Caregiving/General	Helping Yourself Help Others: A Book For Caregivers	Carter, Rosalynn	Book
Caregiving/General	How to Care for Aging Parents	Morris, Virginia	Book
Caregiving/General	How to Help Someone Who Uses a Wheelchair Without Hurting Yourself	The Homecare Companion Caregiving Video Series	VHS Video
Caregiving/General	How to Manage Medications	The Homecare Companion Caregiving Video Series	VHS Video
Caregiving/General	Learning to Sit in the Silence: A Journal of Caretaking	Starkman, Elaine Marcus	Book
Caregiving/General	Living With Life-Threatening Illness: A Guide for Patients, Their Families, & Caregivers	Doka, Kenneth J,	Book
Caregiving/General	Moving Mom & Dad: Why, Where, How, and When to Help Your Parents Relocate	Morse, Sarah and Quinn Robbins, Donna	Book
Caregiving/General	Nursing Home Placement: A Guidebook for Families	Pacific Northwest Long-Term Care Center	Book
Caregiving/General	Options: You Have a Choice!	AAA	VHS Video
Caregiving/General	Share the Care: How to Organize a Group to Care for Someone who is Seriously Ill	Capossela, Cappy and Warnock, Sheila	Book
Caregiving/General	Taking Care of Aging Family Members: A Practical Guide	Lustbader, Wendy and Hooyman, Nancy R.	Book
Caregiving/General	Taking Charge: Good Medical Care For The Elderly And How To Get It	Hannah, Jeanne M. Attorney and Caregiver and Friedman, Joseph H. MD	Book
Caregiving/General	The Carebook: A Workbook for Caregiver Peace of Mind	Beedle, Joyce, R.N., B.S.N.	Workbook/Notebook
Caregiving/General	The Caregiver Helpbook: Powerful Tools for Caregiving	Schmall, Cleland and Sturdevant	Book

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Caregiving/General	The Comfort of Home: An Illustrated Step-by-Step Guide for Caregivers	Meyer, Maria M. with Paula Derr, RN	Book
Caregiving/General	The Complete Bedside Companion: A No-Nonsense Guide to Caring for the Seriously Ill	McFarlane, Rodger & Bashe, Philip	Book
Caregiving/General	The Complete Eldercare Planner: Where to Start, Which Questions to Ask, and How to Find Help	Loverde, Joy	Book
Caregiving/General	The Home Care Companion's Quick Tips for Caregivers	Karpinski, Marion, R.N.	Book
Caregiving/General	The Home Hospital: How a Family Can Cope with Catastrophic Illness	Lois Barclay Murphy	Book
Caregiving/General	When Love Gets Tough: The Nursing Home Decision	Manning, Doug	Book
Caregiving/General	Women Take Care: The Consequences of Caregiving in Today's Society	Sommers, Tish and Shields, Laurie	Book
Caregiving/MS	Living Well With MS: A Guide for Patient, Caregiver and Family	Carroll, David L.	Book
Caregiving/Nutrition/Recipes	Laurel's Kitchen Caring: Recipes for Everyday Home Caregiving		Book
Caregiving/Self-Care	Positive Self-Talk for Family Caregivers	Gibson, Krysta	CD
Caregiving/Touch	Compassionate Touch: Hands-On Caregiving for the Elderly, the Ill and the Dying	Nelson, Dawn, MFA, CMT	Book
Disability	Special Siblings: Growing Up With Someone With A Disability	McHugh, Mary	Book
Disability/ Autism	Without Reason: A Family Copes With Two Generations of Autism	Hart, Charles	Book
End of Life Issues	Dying at Home: A Family Guide for Caregiving	Sankar, Andrea	Book
End of Life Issues	Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Measures Only and the Elderly Patient	Dunn, Hank, Hospice Chaplain	Pamphlet
End of Life Issues	Last Rights: A Case for the Good Death	Mannes, Marya	Book
Grief	Doors Close, Doors Open: Widows, Grieving and Growing	Lieberman, Morton	Book

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Grief	When Going to Pieces Holds You Together: You Can Find Healing When You Allow Yourself to Grieve	Miller, William A.	Book
Humor	The Joy of Stress: How to Prevent Hardening of the Attitude	LaRoche, Loretta	VHS Video
Inspirational	Daily Comforts for Caregivers	Samples, Pat	Book
Inspirational	Hugs for Caregivers	Sheehan, Paula	Book
Inspirational	Kitchen Table Wisdom: Stories that Heal	Remen, Rachel Naomi, M.D.	Book
Inspirational	The Measure of Our Days: A Spiritual Exploration of Illness	Groopman, Jerome	Book
Inspirational/Christian	Roses in December: Comfort for the Grieving Heart	Willett Heavilin, Marilyn.	Book
Macular Degeneration	Hope and Cope: Living with Macular Degeneration	American Macular Degeneration Foundation	DVD
Mental Health	Coping With Your Difficult Older Parent: A Guide for Stressed-Out Children	Lebow, Kane and Lebow	Book
Mental Health	Helping Someone With Mental Illness	Carter, Rosalynn	Book
Mental Health	How to Live with a Mentally Ill Person: A Handbook of Day-to-Day Strategies	Adamec, Christine	Book
Mental Health	How You Feel Is Up To You: The Power of Emotional Choice	McKay, Gary D. and Dinkmeyer, Don	Book
Mental Health	Learned Optimism	Seligman, Martin, Ph.D.	Book
Mental Health	Seeing Your Life Through New Eyes	Brenner, Paul MD, Ph.D, and Martin, Donna MA	Book
Mental Health	The Mind/Mood Pill Book	Hales, Robert E. & Hales, Dianne	Book
Mental Health	Transitions: Making Sense of Life's Changes - Strategies for coping with the difficult, painful and confusing times in your life	Bridges, Willaim	Book
Multiple Sclerosis	Adapting to Life with Multiple Sclerosis	Biogen	VHS Video

Subject	Title	Author	Media
Parkinson's Disease	Parkinson's Disease: The Complete Guide for Patients and Caregivers	Lieberman, Abraham N. MD and Williams, Frank L.	Book
Recovery	Codependent No More: How to Stop Controlling Others and Start Caring for Yourself	Beattie, Melody	Book
Spinal Cord Injury	Spinal Cord Injury: A Guide for Living	Palmer, Kriegsman and Palmer	Book